

BLUE RIDGE TRAILS

Welcome to the Blue Ridge Trail System!

UPPER TRAILS: Park behind Eureka Hall. The trailhead is above Barnhardt Lodge and Whittington Amphitheatre. Follow the road up on foot and stay right at the fork before reaching McCarty Lodge to follow the gravel road to trailhead.

LOWER TRAILS: Park in front of Blue Ridge Center. Blue Ridge Loop and Rhododendron Run are accessible from the Weatherford Hall parking lot. Follow the road on foot labeled "Private Road" to access trails.

There are helpful trail tips on the back of the map as well. Have fun and be safe!

UPPER TRAILS

Park behind Eureka Hall











- High Windy Trail
- Carolina Loop
- Wolfpit Circle
- Old Reservoir Loop
- Steve Franks Memorial Trail
- Connector Trails

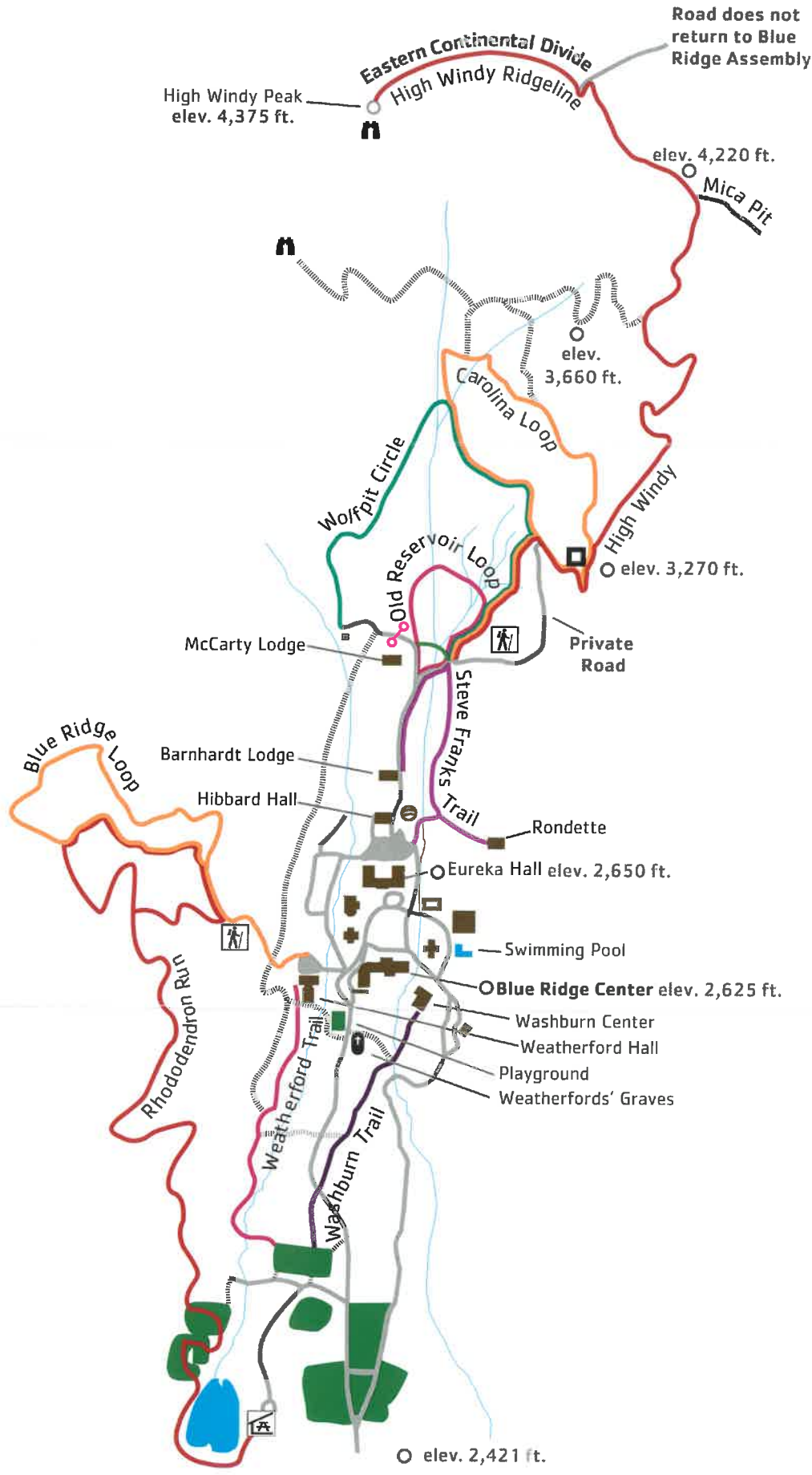
LOWER TRAILS

Park in front of Blue Ridge Center

- Blue Ridge Loop
- Rhododendron Run
- Weatherford Trail
- Washburn Trail

LEGEND

-  Parking Lots
-  Gate
-  Shelter
-  Amphitheater
-  Scenic Overlook
-  Water
-  Fields
-  Roads
-  Trailhead
-  Picnic Area



Road does not return to Blue Ridge Assembly

○ elev. 2,421 ft.

Upper trails:

HIGH WINDY

If you are looking for a challenge, look no further. Blue Ridge's most popular trail offers a spectacular vista that overlooks the mountains and a 1,600 foot elevation gain in 2.5 miles.

Challenging • 5 miles • 2-3.5 hours

CAROLINA LOOP

While not as challenging as the full High Windy out and back, the Carolina Loop still has some hills to remind you you're not in Kansas anymore!

Moderate • 2.2 miles • 45 mins-1.5 hrs

WOLFPIT CIRCLE

A great hike through the woods anyone can enjoy. Starts out at the same point as High Windy, but quickly descends back down to Blue Ridge.

Moderate • 1.5 miles • 45 mins-1 hour

STEVE FRANKS NATURE TRAIL

The natural beauty and tranquil setting of Blue Ridge are exemplified on this meandering scenic trail.

Easy • 0.5 miles • 15 minutes

Lower Trails:

BLUE RIDGE LOOP

This trek features a wide variety of flora and is a great secluded walk through the forest that is sure to delight hikers of all ages.

Moderate • 2.8 Miles • 2.5 hours



Bring a water bottle, snack, map and a cell phone with you on the trail.



Gauge the distance and elevation change of your hike to best fit your physical abilities.



Hike with a friend, and always let someone know where you are heading.



Bring a jacket, the weather can be unpredictable in the mountains.



Avoid drinking from springs or creeks without proper filtration.



Plan to return before dark.



Be aware of your surroundings. If you have allergies, be prepared.



To preserve this marvelous natural setting, take nothing but photos, and leave nothing but footprints.



In case of an emergency, stay calm and assess the situation. You can call 828-669-8422 and we will assist.

YMCA BLUE RIDGE ASSEMBLY
84 Blue Ridge Circle Black Mountain, NC 28711



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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YMCA BLUE RIDGE ASSEMBLY TRAIL SYSTEM