



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PACK FOR AN ADVENTURE

Overnight Group Packing Checklist YMCA BLUE RIDGE ASSEMBLY

We are eager to serve your group by leading fun, outdoor adventures that stimulate the spirit, body and mind. **Here's a checklist to help you get ready for a great trip!**

- Pants/Shorts (Dress for the Season)
- Closed-toe Shoes
- Water Shoes (Needed for Stream Discovery)
- Jacket and/or Raincoat
- Water Bottle
- Sunscreen
- Bug Spray
- Spending Money (For Gift Shop and Café)

We provide bed linens, pillows, towels, wash cloths and soap.