



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**YMCA BLUE RIDGE ASSEMBLY**  
Black Mountain, North Carolina  
[www.blueridgeassembly.org](http://www.blueridgeassembly.org)

# GUIDE FOR CHAPERONES



## For School Trips at YMCA Blue Ridge Assembly

Welcome and thank you for chaperoning this school trip! All activities are led by Blue Ridge Staff and a second adult must be with each group from beginning to end.

That's YOU! Your important role benefits the kids' safety, enjoyment and participation. So thanks from us, your kids and your school for being a volunteer.

### During activities...

- Check for personal necessities, such as inhalers, jackets or rain gear.
- Help kids follow safety procedures given by staff.
- Provide encouragement and praise.
- Assist with attention, directing focus to the group task as needed.
- Limit cellphone use, but if necessary step away in a non-distracting manner.
- Allow kids to find their own leadership and solutions to challenges.
- Have fun! You are welcome to climb after all students have participated if time allows.

### During meals and free time...

- Your school teachers and chaperones are the supervisors at these times. Help with fun and safety as needed.

## Blue Ridge Chaperone Reflections

"I find enjoyment in watching kids discover themselves."

**"My daughter is on this trip and I got to watch her experience the same things I have."**

"Amazing how different students are outside of school."

