



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GO OUTSIDE – GROW OUTSIDE

2 Night, 3 Day Overnight Experience

25 6<sup>th</sup> grade students, 3 chaperones – Divided into 2 Groups

## DAY 1

12:00 pm		Arrival, Check-in and Welcome
12:30 pm		Lunch
1:30 pm	Group 1	Nature Hike
	Group 2	Archery
3:00 pm	Group 1	Archery
	Group 2	Nature Hike
4:30 pm		Free Time – Basketball, Tennis, Disc Golf, Volleyball, Dodgeball
6:00 pm		Dinner
7:30 pm	All	Appalachian Wildlife Show

## DAY 2

8:00 am		Breakfast
9:00 am	Group 1	Mountain Stream Discovery
	Group 2	Heritage Crafts
10:30 am	Group 1	Heritage Crafts
	Group 2	Mountain Stream Discovery
12:30 pm		Lunch
1:30 pm	All	Alpine Tower and Giant Swing
4:30 pm		Free Time – Basketball, Tennis, Disc Golf, Volleyball, Dodgeball
6:00 pm		Dinner
7:30pm	All	Campfire With S'mores And Cherokee Storytelling

## DAY 3

8:00 am		Breakfast and Load Buses
9:00 am	All	Teambuilding on Low Ropes and Reflections
12:30 pm		Lunch and Departure

### YMCA Blue Ridge Assembly

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