



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GO OUTSIDE GROW OUTSIDE

150 7th grade students, 8 chaperones over 2 days

Day 1: 75 7th grade students, 4 chaperones – 2 teams of 37 students

Day 2: 75 7th grade students, 4 chaperones – 2 teams of 37 students

8:00 am Arrival and welcome meeting on field – orientation, establishing goals, and setting expectations.

MORNING BLOCK

8:30 – 11:15 am	Team 1	Odyssey Course
8:30 – 10:45 am	Team 2	Team Development Course / Archery

Lunch

10:45-11:15 am	Team 2	Picnic Lunch on Field
11:15-11:45 am	Team 1	Picnic Lunch on Field

AFTERNOON BLOCK

11:15 am – 2:00 pm	Team 2	Odyssey Course
11:45 am – 2:00 pm	Team 1	Team Development Course / Archery
2:00 pm – 2:30 pm		Reflections and Departure

YMCA Blue Ridge Assembly

84 Blue Ridge Circle, Black Mountain, North Carolina 28711

P 828 669 8422 F 828 669 8497 blueridgeassembly.org