



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GO OUTSIDE – GROW OUTSIDE

3 Night, 3 Day Overnight Experience

3rd through 12th Grade – 80 Students, 8 Chaperones

Teams A to D (Oldest to Youngest)

DAY 1

12:00 pm		Arrival, Check-In and Welcome
12:30 pm	ALL	LUNCH IN DINING ROOM
1:30 pm	Team A Team B Team C Team D	Odyssey and Zipline Teambuilding Course Archery and Survival in the Woods Predator-Prey and Heritage Crafts
4:30 pm	Free time	Basketball, Tennis, Disc Golf, Volleyball, Dodgeball
6:00 pm	ALL	DINNER IN DINING ROOM

DAY 2

8:00 am	ALL	BREAKFAST IN DINING ROOM
9:00 am	Team A Team B Team C Team D	Teambuilding Course Archery and Survival in the Woods Predator Prey and Heritage Crafts Alpine Tower and Giant Swing
12:30 pm	ALL	LUNCH IN DINING ROOM
1:30 pm	Team A Team B Team C Team D	Archery and Survival in the Woods High Windy Hike Odyssey and Zipline Games with Initiatives and Mountain Stream Discovery
4:30 pm	All	Basketball, Tennis, Disc Golf, Volleyball, Dodgeball
6:00 pm	ALL	DINNER IN DINING ROOM
7:30 pm	All	Appalachian Wild Discovery Program

YMCA Blue Ridge Assembly

84 Blue Ridge Circle, Black Mountain, North Carolina 28711

P 828 669 8422 F 828 669 8497 blueridgeassembly.org

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DAY 3

8:00 am	ALL	BREAKFAST IN DINING ROOM
9:00 am	Team A Team B Team C Team D	High Windy Hike Odyssey and Zipline Teambuilding Course Archery and Survival in the Woods
12:00 pm	All	Trip Reflections and Feedback
12:30 pm	ALL	LUNCH IN DINING ROOM
1:30 pm	All	Afternoon Program with School Staff
7:30 pm	All	Dance

DAY 4

8:00 am	ALL	BREAKFAST IN DINING ROOM AND DEPARTURE
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