



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA BLUE RIDGE ASSEMBLY SCHEDULE OF MEALS Sample BBQ Menu

The following options are available at a variety of price points to meet your group's needs. Contact [Group Sales & Engagement](#) for more details.

All meals include sweet tea or lemonade by the gallon.

Youth Groups: BBQ Pulled Pork W/ Classic Red BBQ Sauce
Macaroni-N-Cheese
Seasoned Green Beans
Corn On The Cob
Fresh Baked Rolls
Oreo Swirl Pudding

Family Groups: BBQ Pulled Pork With Classic Red & Carolina Gold BBQ Sauces
Dry Rub Chicken
Smokey Potato Salad
Seasoned Green Beans
BBQ'd Garlic Bread
Warm Apple Cobbler

Adult Groups: BBQ Pulled Pork W/Cheerwine BBQ Sauce
Coffee Rubbed Beef Brisket
Jalapeno Cheese Grits
Southern Collard Greens
Cider Vinegar Coleslaw
Loaded Corn Muffins
Tres Leche Cake